



In this month's HMM™ excerpt, Dr. Francine Steen, known as "The Hobby Whisperer", provides more descriptions and definitions of the most commonly occurring, and most challenging to treat, hardcore modeler afflictions.

Successful treatment of these afflictions, singularly or in combinations, can help restore a hardcore modeler's emotional and physical health and can help him/her resume relatively normal and moderately acceptable social interactions. The right treatment regimen can also assist hardcore modelers in enjoying this great hobby AND to maintain relatively normal interpersonal relationships outside of those in hobby forums, on Facebook, and at fan conventions.

These afflictions are not easy to identify and even more difficult to treat. If, you or someone you know suffers from one of the hobby-related afflictions described here, please contact The Hobby Whisperer immediately. There is no need for modelers or loved ones to suffer alone and in silence.

Dr. Francine Steen

The Hardcore Modeler's Manual™: Volume One

Chapter 35 (The Hobby Whisperer OCD Lexicon, Part 2) pp. 261-265

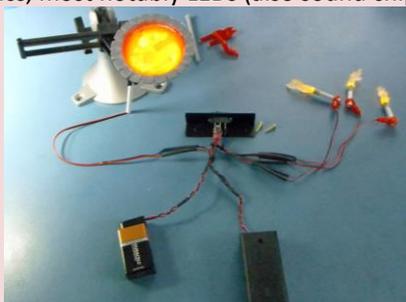
A. Buy-Or-Remorse Conundrum: *n.* a hardcore modeler's inability to decide on whether to purchase an unaffordable, recently-discovered, hard-to-find model kit; sufferers of this ailment experience: 1) deep depression after making an inadvisable, unaffordable purchase; **OR** 2) intense anxiety about ever again locating that hard-to find model kit after passing on a purchase of such a kit; also known as "Catch 22".

Buy-Or-Remorse sufferers are damned if they do/damned if they don't



B. Digital Enhancement: *n.* the unsightly buildup of scar tissue on a GK artist's fingers as a result of hobby knife mishaps.

C. Meglowmania: *n.* a hardcore modeler's irresistible compulsion to accessorize and/or the compulsion to customize model kits or to install electronics, most notably LEDs (also sound chips, animatronics, etc.) in garage kits and GK dioramas.



D. Modelmania: *n.* not to be confused with the David Fisher video series of the same name, sufferers of this difficult-to-cure compulsion frequently suffer: 1) considerable weight gain from inactivity; 2) failing eyesight (marked by the apparent inability to see dirty dishes, laundry, or other cleaning and household chores that need to be done); 3) loss of hearing (marked by the modeler's lack of response to a **spouse's frequent reminders** about household chores that need to be done); and 3) loss of the sense of smell (marked by the modeler's refusal to floss and brush teeth, bathe, change socks or underwear and/or use deodorant for several days while finishing his/her most recent GK acquisition).



Modelmaniac BEFORE COUNSELING



AFTER COUNSELING



E. NewMoneya: *n.* remorse and/or depression experienced by a GK artist and his/her family after the rapid expenditure of a financial “windfall” (e.g., tax refund, job bonus, plasma donor payment, unexpected inheritance proceeds) on hobby supplies, garage kits or attendance at a fan convention. Symptoms may sometimes be mistaken for Buy-Or-Remorse Conundrum and Black Heart Disease, both of which are forms of depression. Female GK artists are more likely to be impacted by NewMoneya because they actually suffer pangs of conscience when they splurge on garage kits and hobby supplies instead of paying family/household expenses. When it comes to paying for model kits and hobby supplies instead of household/family expenses, their male counterparts have no conscience.

F. Post-Batmanic Stress Disorder: *n.* debilitating emotional disorder afflicting superhero model kit fans after seeing a highly anticipated but crushingly disappointing movie (or sequel to a movie) based on a beloved comic book character; movie posters and other imagery from such films cause PBSO sufferers to relive the original trauma.

Prototypical cause of “Post-Batmanic Stress Disorder”



G. Old Timers Disease: *n.* a central nervous system affliction suffered by middle-aged modelers as a result of inhaling fumes from enamel paint, expanding foam, superglue and resin dust; common symptoms include: 1) inability to see and paint small scale models because of failing eyesight; 2) shaking hands which result in an unfortunate number of hobby knife mishaps; 3) purchases of paint, hobby tools, hobby supplies, and model kits that a modeler already owns but which he/she has forgotten he/she already owns; and 4) the realization that he/she will never live long enough to paint all the kits stacked in the basement, closet, garage, attic, storage shed, car trunk....

H. Predatory Offender: *n.* a garage kit producer who, in order to maximize garage kit sales and profits, preys on the obsessive/compulsive weaknesses and the exploitable buying tendencies of hardcore modelers.

I. Randy Bone Syndrome: *n.* not to be confused with the famous sculptor whose name sounds similar, this is a predominately male disorder characterized by uncontrollable urges to purchase kits and collectible statues of females in sexualized poses and/or sexually suggestive poses; derived from “randy” (Scottish: vulgar, coarse, lustful) and “bone” (Slang: aroused male anatomy).



“Randy Boners” are obsessed with sexy female model kits



J. XXXorcism: *n.* an aggressive treatment regimen which is most successful in treating sufferers of Randy Bone Syndrome; involves the removal of all sexually explicit figures from a hardcore modeler’s GK collection and the removal of all such imagery from his video collection, shredding his porn magazine collection, the scrubbing of all such imagery from his home computer, laptop, office computer, iPad, iPod, and smartphone, and flash drives. Such treatment can be traumatic for sufferers of Randy Bone Syndrome and, therefore, must be accompanied by intensive psychosexual programming, hoarding counseling and closely monitored use of personal computers and internet access.

XXXorcism is the only known treatment for Randy Bone Syndrome



- K. Xenomorphiliac: n.** a hardcore modeler obsessed with *Predator*- or *Alien*-related media e.g., *Predator* or *Alien* model kits, films, comics, characters from the films, action figures, props, statues, convention costumes, and fan-sites; common symptoms include never-ending forum chatter and hypothesizing about these **fictional** characters, their **fictional** culture, **fictional** customs and **fictional** traditions; these symptoms are frequently misdiagnosed as Stuporman Complex. Most effective treatment is a sharp blow to the head similar to treatment for Walking Dead Syndrome.

- L. Xenomorphobic: n.** an excessive, aggressive and irrational antipathy toward the proliferation of Alien and Predator figures and the sculptors and kit producers responsible for producing them;

If you or a loved one suffers from hardcore modeler OCD, please share your story with [The Hobby Whisperer](#).

Check back soon for another exclusive excerpt from ***The Hardcore Modeler's Manual™: Volume One***.