

Organic Holiday Menu – Ingredients

TRADITIONAL SIDES:

Traditional Organic Stuffing: Wheat Flour; Sunflower Oil, Cracked Wheat; Cracked Rye, Evaporated Cane Juice, Sea Salt, Dehydrated Onions, Spices (Sage, Thyme, Rosemary), Yeast, Celery Onions, Carrots, Cauliflower, Black Pepper, Vegetable Broth / *Vegetarian*

Organic Cauliflower Cornbread Stuffing: Corn Bread (Vegan/ Gluten Free Cornmeal, Earth Balance Vegan Butter, Baking Powder, Gluten Free Flour, Apple Sauce, Sugar, Sea Salt, Almond Milk), Celery, Carrots, Onions, Cauliflower, Thyme, Parsley, Earth Balance Vegan Butter, Olive Oil, Vegetable Broth, Sage, Black Pepper / *Vegetarian, Vegan, Gluten-Free*

Organic Turkey Gravy: Turkey Broth, Water, Flour, Unsalted Butter, Cornstarch, Yeast Extract, Onion, Garlic

Organic Mushroom Gravy: Mushrooms, Garlic, Shallots, Olive Oil, Vegetable Broth, Thyme, Rosemary, Sage, Sea Salt, Black Pepper, Corn Starch / *Vegetarian, Vegan, Gluten-Free*

Organic Cranberry Relish: Cranberries, Orange Juice , Orange Zest, Sugar / *Vegetarian, Vegan, Gluten-Free*

Organic Mac & Cheese: Elbow Pasta, Mozzarella, Cheddar, Butter, Flour, Whole Milk, Sea Salt, Black Pepper, Garlic / *Vegetarian*

Organic Vegan Mac & Cheese: Elbow Pasta, Vegan Cheese, Almond Milk, Sea Salt, Black Pepper, Garlic / *Vegetarian, Vegan*

Organic Potatoes Au Gratin: Potato, Onions, Black Pepper, Sea Salt, Butter, Flour, Milk, Cheddar Cheese / *Vegetarian*

Sautéed Organic Brussels Sprouts with Sweet Potatoes, Cranberries, Pecans: Brussels Sprouts, Butternut Squash, Olive Oil, Shallots, Cranberries, Pecans / *Vegetarian, Vegan, Gluten-Free*

Organic Green Bean Amandine: Green Beans, Almonds, Garlic Granules, Olive Oil, Lemon Juice, Black Pepper / *Vegetarian, Vegan, Gluten-Free*

Organic Mashed Potatoes: Potato, Earth Balance Butter, Hemp Milk, Black Pepper, Garlic Granules, Sea Salt / *Vegetarian, Vegan, Gluten-Free*

APPETIZERS:

Swedish Meatballs: Beef, Onion, Garlic, Oats, Celery, Nutmeg, Sea Salt, Pepper

Deviled Eggs: Eggs, Mayo, Paprika, White Vinegar, Yellow Mustard, Sea Salt, Black Pepper

SPECIALTY SIDES:

Organic Mashed Sweet Potatoes with Parsnips: Sweet Potatoes, Parsnips, Hemp Milk, Earth Balance Vegan Butter, Salt / *Vegetarian, Vegan, Gluten-free*

Roasted Organic Butternut Squash with Tarragon: Butternut Squash, Tarragon / *Vegetarian, Vegan, Gluten-Free*

Roasted or Mashed Organic Cauliflower: Cauliflower, Olive Oil, Garlic, Parmesan Cheese, Cream Cheese, Sea Salt, Black Pepper / *Vegetarian*

Organic Carrots with Balsamic Glaze: Carrots, Olive Oil, Balsamic Vinegar, Salt / *Vegetarian, Vegan, Gluten-Free*

ORGANIC SALADS:

Organic Wild Rice & Apricot Salad: Jasmine Rice, Brown Rice, Wild Rice Blend, Dried Apricot, Celery, Red Onion, Black Currants, Curly Parsley, Almonds, Garlic, Dijon Mustard, Olive Oil, Apple Cider Vinegar, Dried Tarragon / *Vegetarian*

Organic Spinach Salad with Strawberries, Pecans & Goat Cheese: Spinach, Strawberries, Pecans, Goat Cheese / *Vegetarian, Gluten-Free*

Organic Stuffed Endives with Pear, Walnut & Goat Cheese: Endive, Pear, Walnuts, Goat Cheese, Parsley, Lemon Juice, Olive Oil, Honey, Salt, Black Pepper / *Vegetarian, Gluten-Free*

Organic Garden Salad: Mixed lettuces, Tomatoes, Cucumbers / *Vegetarian, Vegan, Gluten-Free*

Organic Radicchio, Pecan, Cranberry and Mint Salad: Radicchio, Pecans, Cranberries, Mint / *Vegetarian, Vegan, Gluten-Free*

CO-OP ORGANIC PIES:

Pecan Pie: PIE CRUST (Wheat flour, Palm Oil, Water, Cane Sugar, Sea Salt), Corn Syrup, Brown Sugar, Cane Sugar, Pecans, Corn Starch, Vanilla Extract, Eggs, Sea Salt, Butter / *Vegetarian*

Homestyle Pumpkin Pie: PIE CRUST (Wheat flour, Palm Oil, Water, Cane Sugar, Sea Salt) Pumpkin Puree, Sugar, Cinnamon, Nutmeg, Ginger, Cloves, Allspice, Egg, Evaporated Milk / *Vegetarian*

Vegan, GF Pumpkin Pie: PIE CRUST (Brown rice flour, water, non-hydrogenated palm fruit shortening, organic evaporated cane juice, tapioca starch, potato starch, sea salt, baking powder, xanthan gum), Organic Pumpkin Puree, Sugar, Cinnamon, Nutmeg, Ginger, Cloves, Allspice, Corn Starch, Coconut Milk / *Vegetarian, Vegan, Gluten-Free*

Dutch Apple Pie: PIE CRUST (Wheat flour, Palm Oil, Water, Cane Sugar, Sea Salt), Brown Sugar, Corn Starch, Nutmeg, Cinnamon, Apple Butter, Lemon Juice / *Vegetarian*

Vegan Dutch Apple Pie: PIE CRUST (Brown rice flour, water, non-hydrogenated palm fruit shortening, organic evaporated cane juice, tapioca starch, potato starch, sea salt, baking powder, xanthan gum), Brown

Sugar, Corn Starch, Nutmeg, Cinnamon, Apple, Vegan Butter, Lemon Juice, Gluten-free Flour / *Vegetarian, Vegan, Gluten-Free*